The prep flag is hoisted prior to colours.

This is a signal for the Cadets to begin to form up.

The Coxswain (or designate) calls the messenger.

The Coxswain gives these instructions;

Coxswain sends his regards.

Ships company mustered.

Standing by for colours, Sir.

The messenger reports to the officer of the day.

The messenger delivers the message from the coxswain.

The officer of the day joins the corps on the deck.

The prep flag is dipped by the messenger.

The Coxswain salutes the OOD and reports ‘Colours Sir’

The OOD orders ‘Make it so’

The messenger rings the appropriate number of bells.

The OOD orders ‘Pipes the Still’

The messenger ‘Pipes the Still’

The OOD orders “Officer and Staff Left and Right Turn.”

The OOD orders ‘Officers and Staff Salute’

The colours are hoisted in slow time as the National Anthem is sung. (The Cadet on flag hoist faces the corps.)

When the National Anthem is finished and the Flag hits the blocks simultaneously, the Cadet on flag hoist does a left turn smartly, remains at attention and watches the prep hauled down by the messenger.

The OOD orders ‘Officers and Staff, Attention’

The OOD orders “Officer and Staff Left and Right Turn.”

The Coxswain reports’ Carry on, Sir’

The OOD orders’Pipe the Carry On’

The messenger Pipes the Carry On.

The OOD orders ‘Officers and Staff Dissmissed’

Officers and Staff turn and salute the OOD.

The Officers and Staff march off.

The OOD turns and marches off.